

Te Whare Wānanga o Awanuiārangi

Kai Oranga

Kaupae Tuatoru



Learning that connects

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Kai Oranga (Kaupae Tuatoru)

This level 3 programme will empower tauira to rebuild traditional and contemporary knowledge relating to food, sustainable practices, food production and management (kaitiakitanga). Tauira will analyse the relationship between the food that people eat and their overall health, linking food with people's wellbeing (rongoā).



You'll learn about

Indigenous systems of growing and producing food. Nutritional purposes of food, for the wellbeing of whānau. The impact of policies regarding kai and food sovereignty and how they have affected people in Aotearoa.

Disclaimer: The information on this flyer is for general purposes and may be subject to change without notice. Te Whare Wānanga o Awanuiārangi strives for accuracy but reserves the right to alter content at anytime.

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