

Te Whare Wānanga o Awanuiārangi

Kai Oranga Kaupae Tuawhā



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Kai Oranga (Kaupae Tuawhā)

Kai Oranga (Kaupae Tuawhā) as a horticulture studies programme builds on the aspirations of Kai Oranga (Kaupae Tuatoru). It helps tauira to reintroduce these cultural concepts and practices along with practical knowledge back into the memory and practices of Māori communities, increasing food security, food sovereignty and the health of Māori people.



S1: 2 Feb - 21 Jun 2026 S2: 13 Jul - 29 Nov 2026



Available nationally based on demand





What you'll learn:

Advanced māra kai techniques for sustainable food production; rongoā and traditional kai knowledge for health and wellbeing; food sovereignty and community; nutritional wellbeing and kai preparation in cultural contexts; kai projects; leadership skills to contribute to whānau and community food initiatives.

Disclaimer: The information on this flyer is for general purposes and may be subject to change without notice. Te Whare Wānanga o Awanuiārangi strives for accuracy but reserves the right to alter content at anytime.

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